

BTM Conservatory COVID-19 Policies

****These policies supersede and take precedence over any conflicting policies that exist during normal operational time periods****

I. Arrival

- **Dancers will not be allowed to enter the building or studios until they have been temperature checked. Please wait outside until the teacher starts the temperature checks.**
- **Please maintain social distance if you arrive at the building early and while waiting for your temperature check.**
- **Dancers will be subject to symptom and temperature check upon arrival. Any dancer with a temperature of 100.4 degrees or higher will be retested after a maximum of ten minutes. If the high temperature persists or other symptoms are identified, the dancer will be sent home.**
- **Dancers must arrive fully dressed for class under their street clothes and proceed directly into the studio once their temperature check has been performed.**
- **The front and back doors of the building will remain open for the entirety of the class and rehearsal day unless it is raining or snowing into the building. Please dress accordingly. HEPA Air filter machines will run for the entire class and rehearsal day. These have been purchased according to the square footage of the studios.**
- **Parents may not wait inside the lobby during classes. All students 12 and under should be walked to the door for drop off. Parents may wait outside when the weather allows. Students 12 and under should be picked up at the door at the end of class.**

II. Masks

- **Masks will be required for all dancers, staff and visitors within the building.**
- **Masks must be worn while learning combinations and choreography but may be removed when music is on and combinations are being executed. This is based on CDC guidance for youth sports. Masks must be put back on immediately upon completion of the combination.**

III. Dressing Room/Bathroom Use

- **Dancers should plan to arrive dressed for class and rehearsal and to change out of their dance clothes after leaving the building.**
- **Personal belongings should be kept to a minimum and must be taken into the studio with the dancer.**
- **Dressing room areas are limited to one person at a time or members of the same household at the same time.**
- **Bathroom use is limited to two people at a time. A line should not be formed. There will be occupied/open signs that dancers should flip upon entering and exiting dressing room/bathrooms. If the sign is flipped to the blank side, that means the space is occupied.**

IV. Class

- **Barres will be arranged around the outside of the room with a few in the middle to allow for distancing.**
- **Dancers should maintain distance as much distance as possible, preferably six feet, between each other while waiting on the side to perform center combinations by utilizing the sides of the room as well as the back**
- **Please be aware, while both dancing and waiting on the sides, of your surroundings. Spatial awareness is of utmost importance during this time.**
- **Barres will be wiped with disinfectant after use.**
- **If a student has multiple classes in an evening, teachers will arrange a short break that the entire class will take together when they can have a small snack outside. There is to be no eating inside the building.**

V. Outdoor Class

- **Classes will alternate weeks indoors and outdoors as weather permits.**
- **Students may choose to not wear masks when class is held outside but must wear a mask if entering the building for any reason.**

VI. Partnering

- **Partnering class will not be held for the first semester and will be reevaluated in January depending on state and county guidelines at that time.**

VII. Virtual Classes

- Students should have the ability to show their full body on camera.
- The camera should be turned on for the duration of class
- Students should arrive in Virtual Waiting Room 5-10 minutes before the class start time.
- Students should use the “Raise Hand” feature to ask/answer questions or leave the room.
- Students should not use the chat feature during class to communicate with each other or the teacher unless directed to do so.
- Equipment Needed: Theraband (BTM has a limited number available for purchase), Chair/ Counter/Ballet Barre, Floor without carpet or board to put down if doing pointe exercises.
If a large space without carpet is available, we suggest purchasing shower pan liner from Lowes or Home Depot that will mimic a dance floor

VIII. Exposure Policy

If a dancer, staff member, or other visitor exhibits symptoms of COVID-19 (cough, fever, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste/smell) he or she must notify the Artistic Director immediately and must not attempt to report for work or class. The CDC recommends the following for returning to work or class after infection with COVID-19. Dancers with COVID-19 infection should consult with their personal physicians about when to return to dancing and provide the Artistic Director with a note clearing them to return to dancing. Depending upon the severity of infection, a longer recovery period may be recommended before returning to dancing.

- Symptomatic COVID-19 infection - A dancer or staff member with symptoms who has been diagnosed with COVID-19 infection must self-isolate (1) until feeling better and (2) for at least 10 days since the symptoms first appeared and (3) for at least 24 hours after resolution of fever without the use of medication for fever.
- Asymptomatic COVID-19 infection - A dancer or staff member without symptoms who has been diagnosed with COVID-19 infection must self-

isolate for at least 10 days after the date of the collection of the positive test for COVID-19.

If a staff member or dancer comes into close contact anywhere with a person diagnosed with COVID-19 infection, he or she must notify the Artistic Director immediately so full sanitization can be completed. The dancer or staff member should self-quarantine for 14 days. During the quarantine period, the dancer or staff member may attend or teach classes and rehearsals virtually. Close contact is defined as being within 6 feet for at least 15 minutes of a person diagnosed with COVID-19 infection. The time period for close contact exposure is retroactive to 2 days prior to the person becoming symptomatic or two days prior to a positive COVID-19 test if asymptomatic. Wearing a mask by either person does NOT change the definition of close contact.

If a dancer or staff member is diagnosed with COVID-19 infection, all participants and staff exposed to that participant or staff member at the Ballet Theatre of Maryland will be asked to self-quarantine for 14 days under the assumption that close contact occurred given the nature of ballet. Ballet Theatre of Maryland will enact a full sanitation of all facilities. Once sanitized, dancers and staff not exposed to the infection person will be allowed re-entry into classes and rehearsals.

The exposure policy is subject to change without notice to align with evolving CDC recommendations.

Dancer Attestation

I have read and understand the Ballet Theatre of Maryland Company Dancer Policies and COVID-19 Policies. I understand the risk involved in my participation in class, rehearsal, and performance, and I agree to follow all rules and guidelines recommended by the Center for Disease Control and Prevention and Ballet Theatre of Maryland.

I understand that Ballet Theatre of Maryland is not held liable for the risk associated with contracting COVID-19.

I understand that Ballet Theatre of Maryland is not held liable for the risk associated with dancing outside or at home in conditions and on surfaces different than inside a dance studio.

If I choose to violate the above stated policies, I understand I may be removed from the school.

_____ **Dancer Signature**

_____ **Date**